



Gerontology/Eldercare

Certificate

2011-2013 Graduation Worksheet



Hibbing Community College
A TECHNICAL AND COMMUNITY COLLEGE

Program Description

Gerontology is the study of the aging processes and individuals as they grow from middle age through later life. This Gerontology Certificate Program is an 18 credit program that provides an interdisciplinary approach to increase student knowledge and understanding in working with and caring for older adults in a variety of settings.

Program Delivery

This program is offered through a collaboration with Rainy River Community College and Hibbing Community College. Classes are offered either onsite at RRCC, or online from HCC. The Certificate is awarded by Hibbing Community College.

Employment Opportunities

This certificate may augment previous education and training or enhance existing work experience and opportunities.

Graduation Requirements

Must complete all required courses with a minimum GPA of 2.0.

Course Schedule

FALL 2011

SOC 2300 Aging (3)

[Online from HCC]

This course presents a study of aging in modern society. Biological, psychological and sociological perspectives will be utilized to gain an understanding of the aging process and its impacts on the individual and society. MNTC: 5/9

GERO 1010 Physical Aspects of Aging (3)

[Online from HCC]

Physical Aspects of Aging is a study of the physiological changes associated with aging. Topics include: analysis of how aging affects each body system, aging theories, common diseases, medication management, and health and wellness strategies.

SPRING 2012

GERO 1020 Mental Health and Aging (3)

[Online from HCC]

Mental Health & Aging covers normal adult psychological development, intelligence, learning behavior, and memory. Mental health disruptions and dementias in the older adult will also be discussed.

GERO 1030 Professional Boundaries, Ethics, and the Elderly (2)

[Online from HCC]

Professional Boundaries, Ethics, and the Elderly is designed to encourage students to critically examine their own and others' values and ethical principles as they relate to the opinions and actions of older adults. The class will provide an opportunity for students to explore professional relationships and boundary issues when working with the elderly population. Key Topics include understanding professional responsibility, advocacy, legal implications and accountability.

OVER



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FALL 2012

SPCH 1010 Interpersonal Communications (3)

[TBD @ RRCC]

The course covers a study of person-to-person and small-group oral communication skills. It covers the development of these skills, and how they affect self-concept, relationships, and emotions. Participation in small-group discussions, as well as classroom activities and exercises are used to demonstrate practical applications of talking-listening skills. Examinations of family, gender, and intercultural oral communication skills are included. This is not a public speaking course. MNTC: 1/2

Electives, choose one:

GERO 1060 Nutrition for the Elderly (2)

[Online from HCC]

Nutrition for the Elderly focuses on the specific nutritional needs and problems in the older adult. Topics include nutritional requirements, diet modifications, body system changes, medication issues, and barriers to proper nutrition.

or

GERO 1070 Providing Care to the Client with Dementia (2)

[Online from HCC]

Providing Care to the Client with Dementia studies the various types of dementia, with a focus on Alzheimer's Disease. Unique care giver strategies will be addressed, including safety and behavioral issues. Other topics include choosing care providers, financial concerns and legal issues. This course is for all persons who provide care and services to the person with dementia.

or

PHIL 1010 Death, Dying, and Grief (2)

[TBD @ RRCC]

From a philosophical, historical, and cultural setting, this course is designed to help a person come to terms with the reality of death. Topics covered include the stages of dying, grief, social and religious dynamics of death, significance of funerals, and death and the law. MNTC: 2/6B

SPRING 2013

GERO 1040 Programs and Services in Aging (1)

[Online from HCC]

Programs and Services in Aging will examine social and healthcare policies and programs affecting the elderly population. Students will explore programs currently available to the elderly population. The impact of trends and changes in services for the elderly are discussed.

PDEV 8083 Service Learning (1)

[Online from HCC]

Prerequisites: Permission of instructor required. Service-Learning experience will examine concepts of community service and the responsibilities of today's citizens. Students will explore and develop personal viewpoints on community service through classroom discussions and a direct service experience. Students, with instructor's approval, will select their semester-long community service site/project. Students are expected to perform 1 – 2 hours of community service at their chosen community agency per week.

NOTES:

- If combined with the necessary general education courses, the Gerontology/Eldercare Certificate can be obtained along with an Associate's Degree.
- The information in this graduation worksheet is for use as an academic planning tool and is subject to change at any time.
- Rainy River Community College and Hibbing Community College are member's of the Minnesota State Colleges and Universities System.
- Rainy River Community College and Hibbing Community College are equal opportunity employers and educators.

Program Information

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